

## Eastland Jr./Sr. High School Lunch Menu August 2017

Monday	Tuesday	Wednesday	Thursday	Friday
	1.	2.	3.	4.
7.	8.	9.	10.	11.
14. Teachers Institute	15. Teachers Institute	16. Bosco Sticks Marinara Sauce Caesar Salad Green Beans	17. Chicken Patty on WG Bun Lettuce, Tomato, Onion Sweet Potato Fries Monaco Blend	18. Philly Cheesesteak on WG Bun Fresh Vegetables Steamed Carrots
21. Quesadilla Spanish Rice Romaine Salad w/ Tomato & Cucumber Veggie Juice	22. All Beef Hot Dog on WG Bun Baked Beans Fresh Vegetables	23. Baked Chicken Breast Garlic Baby Bakers Veggie Juice Pasta Salad WG Dinner Roll	24. Sloppy Joes on WG Bun Tater Tots Steamed Carrots	25. Pizza Caesar Salad Green Beans
28. Chicken Tenders Mashed Potatoes Gravy Steamed Carrots WG Dinner Roll	29. Chicken Fajita Salad w/WG Tortilla Chips Or Chicken Fajita Wrap Refried Beans Lettuce, Tomato Corn and BB Salsa Tomato Salsa	30. Pulled Pork on WG Bun Coleslaw Sweet Potato Fries	31. Baked Potato Taco Meat Cheese Sauce Steamed Broccoli WG Donut	1. Rotini w/Meat Sauce WG Garlic Toast Caesar Salad Country Blend

### NOTES

Milk served with every meal.

- FF White
- FF Chocolate
- 1% White

Fresh and Canned Fruit are offered every day.

Daily alternate meal choices:

Chef Salad

Vegetarian Salad

Caesar Salad

Hummus Salad

Ala Carte snacks available daily:

PB & J Uncrustable

Assorted Chips

Whole Grain Bars

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