

LUNCH

January 2015

Eastland Elementary

Fitness Tip

Try to be active for 60 minutes or more every day. Run, dance, walk the dog, climb stairs or play in the snow if you have it.

* monday

* tuesday

* wednesday

* thursday

* friday

School Information:

*This Institution is an equal opportunity Employer and Provider

Bosco Stick
W/Marinara Sauce
Steamed Carrots
Pears

5

Breakfast for Lunch!
French Toast
Sausage Link
Tri Tator
Dragon Punch, Strawberries

6

Creamed Turkey
WG Biscuit
Country Blend
Mandarin Oranges

7

Happy New Year!

1

No School

2

Sloppy Joes
Tater Tots
Mandarin Oranges

12

SIP Day
No Breakfast or Lunch served

13

Chicken Patty
Lettuce, Tomato, Onion
Baked Beans
Steamed Carrots
Peaches

14

Taco in a Bag
Lettuce, Tomatoes
Salsa, Cheddar Cheese
Corn
Banana

15

Pizza Rolls
Romaine Salad
Tomatoes & Cucumbers
Fresh Broccoli
Fresh Grapes

16

Martin Luther King Day
No School

19

Corn Dog
Sweet Potato Tots
Fresh Grapes

20

Hamburger on WG Bun
Baked French Fries
Baked Beans
Strawberry Applesauce

21

Chicken Penne
Steamed Broccoli
Mango Wango Punch
Fresh Orange
WG Garlic Toast

22

Pizza
Corn
Fresh Watermelon

23

Bosco Stick
w/Marinara Sauce
Steamed Carrots
Pears

26

Breakfast for Lunch!
French Toast
Sausage Link
Tri Tator
Dragon Punch, Strawberries

27

Creamed Turkey
WG Biscuit
Country Blend
Mandarin Oranges

28

BBQ Riblet on WG Bun
Coleslaw
Baked Beans
Banana

29

Chicken Nuggets
Mashed Potatoes
Gravy
Broccoli
Fruit Slushy

30

