

Eastland Jr. /Sr. High School Lunch Menu May 2017

Monday	Tuesday	Wednesday	Thursday	Friday
1. Quesadilla Spanish Rice Romaine Lettuce Tomato, Cucumber Veggie Juice	2. Beef Hot Dog WG Bun Baked Beans Fresh Veggies	3. Baked Chicken Breast Garlic Baby Bakers Veggie Juice Pasta Salad WG Dinner Roll	4. Sloppy Joes WG Bun Baked Tater Tots Steamed Carrots	5. Pizza Caesar Salad Green Beans
8. Chicken Tenders WG Dinner Roll Mashed Potato Gravy Steamed Carrots	9. Chicken Fajita Salad w/WG Tortilla Chips or Chicken Fajita Wrap Refried Beans Tomatoes, Salsa Corn & BB Salsa Grahams	10. BBQ Riblet or Pulled Pork on WG Bun Coleslaw Sweet Potato Fries	11. Baked Potato Taco Meat/Chili Cheese Sauce Steamed Broccoli WG Donut	12. Bosco Sticks Marinara Sauce Tossed Salad Green Beans
15. Orange Chicken or General Tso's Asian Brown Rice Steamed Broccoli Fresh Veggies	16. Chicken Penne Steamed Broccoli Fresh Carrots WG Garlic Toast	17. Rotini w/Meat Sauce WG Garlic Toast Caesar Salad Country Blend	18. Cooks Choice	19. Cooks Choice
22. Cooks Choice	23. Cooks Choice	24. Cooks Choice	*menu subject to change as we get closer to the end of the school year due to cleaning out the freezer and pantry	

NOTES

Milk served with every meal.

- FF White
- FF
Chocolate
- 1% White

Fresh and Canned Fruit are offered every day.

Daily alternate meal choices:

Chef Salad
Vegetarian Salad
Caesar Salad

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